Henk's Summer Comp 2026

Disciplinary Regulations

- **Temporary Dismissals**
    - Players can be dismissed from the game for infringing the laws of the games for **5 MINUTES** for a **TEMPORARY DISMISSAL** (a yellow card offence).
    - This player can be replaced with another bench player.
    - If the same player received a **SECOND TEMPORARY DISMISSAL** for an offence. This offence is now equal to a **RED CARD,** and the player cannot participate further in the game and **CANNOT** be replaced on the field of play by a bench player.
- A player will be suspended for a specified number of games after the game in which the infringement occurred.
- A player dismissed from the field of play for **two (2) yellow card offences** in the same game:
    - **A minimum ONE (1) game suspension** will be given, and the player is prohibited from participating in any other match until the one (1) match suspension is served. Suspensions under this category are not appealable.
- A player dismissed for **a straight red card offence**:
    - **A minimum of ONE (1) game suspension** will be given, and the player is prohibited from participating in any other match until the one (1) or more match suspension is served. Suspensions under this category are not appealable.
- Additional games suspension related to the nature of the offence may be given to the player based on Capital Football's Disputes and Disciplinary Regulations.
- The makeup of the Disciplinary Committee will be determined by the Belnorth FC Committee.
- The Disciplinary Committee will decide on any additional suspension of games based on the infringement committed by the player and the report presented by the referee.
- The Disciplinary Committees' decision will be advised by email to the team manager by the Organisers by the Friday immediately following the game in which the offence occurred. The team manager may submit a response to the Organisers for consideration within one business day of being notified of the suspension. The

Organisers will advise the team manager of their final decision within one business day of receiving the team manager's submission.

- **Three (3) yellow cards accumulated: automatic one (1) game suspension**. Suspensions under this category are not appealable.
- Any teams that accumulate **SIX (6) or more yellow cards** will have **3 points deducted** from the team score.
- Any teams that accumulate **THREE (3) or more red cards** will have **6 points** deducted from the team score and a possible team suspension from the competition.
- **Any player or person deemed to be fighting** by the referee shall **automatically incur a red card**.
    - The Disciplinary Committee will request information from the referee concerning the incident and determine an appropriate sanction.
    - The decision will be advised by email to the team manager by the Friday, immediately following the game in which the offence occurred. The team manager may submit a response to the Organisers for consideration within one business day of being notified of the suspension.
    - The Organisers will advise the team manager of their final decision within one business day of receiving the team manager's submission.
    - **Where multiple players are determined to be involved in the fighting**, the Disciplinary Committee **may suspend or expel offending players**, **persons** or **teams** from the **current season** and **future seasons**.
- **Offences against referees, including stand-in referees, will not be tolerated.**
    - Any player dismissed on either a second yellow or a straight red caution for disrespecting a referee's decision or for any other action, word or behaviour to attempt to intimidate or bully a referee or to show contempt for their role as a referee will receive a **minimum FOUR (4) game suspension**. The suspended player is prohibited from participating in any other match on the day of dismissal and until the suspension has been completed.
    - A player suspended by the Disciplinary Committee for an offence against a referee will be banned from matches in all divisions.
    - A player who receives a suspension for an offence against a referee will, if found to have committed a second offence, will **receive a minimum two-year ban from Henk's Summer Comp**. If the same player returns after two years and receives a third ban for an offence against a referee, the Disciplinary Committee may ban the player from participating in Henk's Summer Comp for life.

- Capital Football has sanctioned Henk's Summer Comp to be conducted by Belnorth Football Club.
    - **The Organisers will notify Capital Football for suspensions exceeding one week.**
    - The suspension of a player during Henk's Summer Comp may be carried over to the next winter competition by Capital Football.
    - A suspension issued in one season will be carried over to the following Henk's Summer Comp season.