



## RETURN TO PLAY IN A COVID-SAFE ENVIRONMENT PLAN

Updated  
13/04/2022

This plan outlines our operational delivery of Junior League, Senior League and MiniRoos training and match play.

This plan will commence on 13/04/2022

The club contact responsible for this plan is:

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The Club acknowledges that this plan follows the Capital Football COVID-19 Safe Plan and is aware of the required hygiene and safety at football activities.

# Introduction

All clubs must develop a Return to Sport in a COVID-19 safe environment plan to help the return to sport.

The plan should remain flexible and acknowledge the broader principles, while also providing a level of detail relevant to our sport and the facilities used.

The plan ensures that physical distancing and hygiene principles are clear and can be easily understood and the health of referees, participants, staff, coaches, volunteers and spectators is protected.

This plan must be clearly communicated to all stakeholders.

# General Precautions

## Attendance

Participants (including players, parents, spectators, coaches, referees, volunteers) are not to attend training or grading if in the past 7 days they have:

- Felt unwell
- Have any flu-like symptoms
- Classified as a household contact
- Been tested for COVID-19 and returned a positive result
- Have a medical condition or at an age that puts you in the high-risk category

## Hygiene

- Ensure spaces, surfaces and objects at each venue are regularly cleaned
- Promote regular and thorough hand washing by the club and team officials and participants
- Encourage people to bring hand sanitiser, utilising it on arrival and when leaving the venue
- No sharing of drink bottles
- Provide bins at venues.

## Behaviour

- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze
- If using tissues, place them directly in the bins provided
- No spitting at any time

## Travelling interstate

If travelling interstate, please read below.

- Teams stay up to date with current COVID-19 requirements in the state or Territory they are travelling to
- If using public transport, please ensure you wear facemasks and physical distance from people who are not from the same household
- If staying overnight, please ensure that the accommodation has a COVID-safe plan in place (it is advised to call the accommodation provider prior to travelling)
- Ensure that everyone travelling carries a bottle of hand sanitiser on them at all times
- Ensure that everyone is vigilant with hand and respiratory hygiene

# ACT Governments Rules for the Return of Sport

All individual sport and activity providers should ensure they are complying with the ACT Government's rules for the return of sport. These include:

- Ensuring you conform to the 'Get in, train/play, Get out' principle
- Limiting activities to comply with the relevant advice on group sizes and any restriction relevant to indoor enclosed areas
- Minimising sharing of sporting equipment and where equipment is used, ensure the appropriate cleaning
- No play for people who are unwell
- Limiting spectators to one parent or carer as required
- Beyond the field or court maintaining physical distancing between yourself and other people and groups you do not know
- Practice good hand hygiene and general hygiene and wash your hands well if using shared equipment
- Spectator access should be monitored
- Control measures participant and spectator entry and exit into all venues

## Considerations

- Format training to comply with group maximums and comply with broader physical distancing and hygiene requirements
- Provide instructions to participants on any training practices to be avoided;
- Provide clear protocols for the use of equipment, including cleaning protocols
- Limit unnecessary physical contact, such as group huddles, celebrations or handshakes
- Consider additional venue signage
- Inform spectators, including parents of their responsibilities

# Training Operations at Venue

## Entry and Exits

- There will be clear pedestrian entry and exits for the venue. See venue maps at the end of this document for specifics.

## Spectators

- Spectators to reside in the designated areas outlined.
- Spectators are to remain 1.5 metres from the playing area.

# Training and Matchplay Operations at Venue

## Food Van

- Will comply with the relevant Government Food Safety regulations and COVID-19 protocols.
- People waiting to be served must stay in the specified area and practice the appropriate social distancing.

## BBQ/Sausage Sizzle

- In the event of holding a BBQ, only two people will operate the BBQ to serve. The operation will be supervised by a Food Safety Officer.
- People waiting to be served must remain in the specified area and practice the appropriate social distancing.
- We will comply with the relevant Government Food Safety regulations and COVID-19 protocols

## Amenities

- Toilets will be open and regularly checked for cleanliness.
- Referees room will be open
- Shipping containers staffed to limit entry by parents and players

## Change rooms

Change rooms are permitted:

- By referees
- By players

- For medical services and support

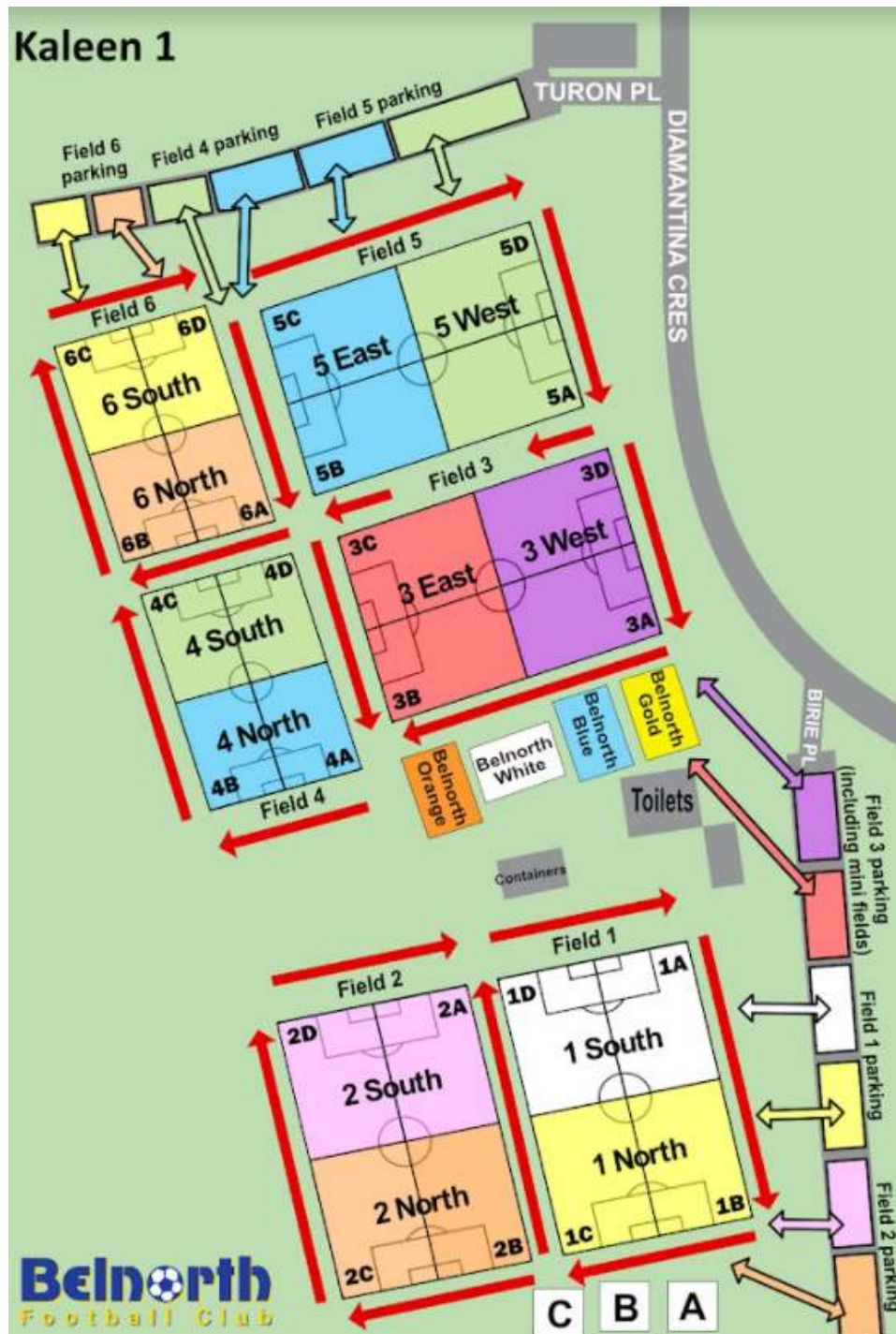
Change rooms are not permitted:

- For coaches to discuss tactics among themselves
- For coaches to address players pre-match, at half-time, or post-match

# Venue Maps

## Kaleen 1- Birie Pl and Turon Pl, Kaleen

- Field 1, 2 and 3: park at the [Birie Place car park](#)
- Field 4, 5 and 6: park at the [Turon Place car park](#)

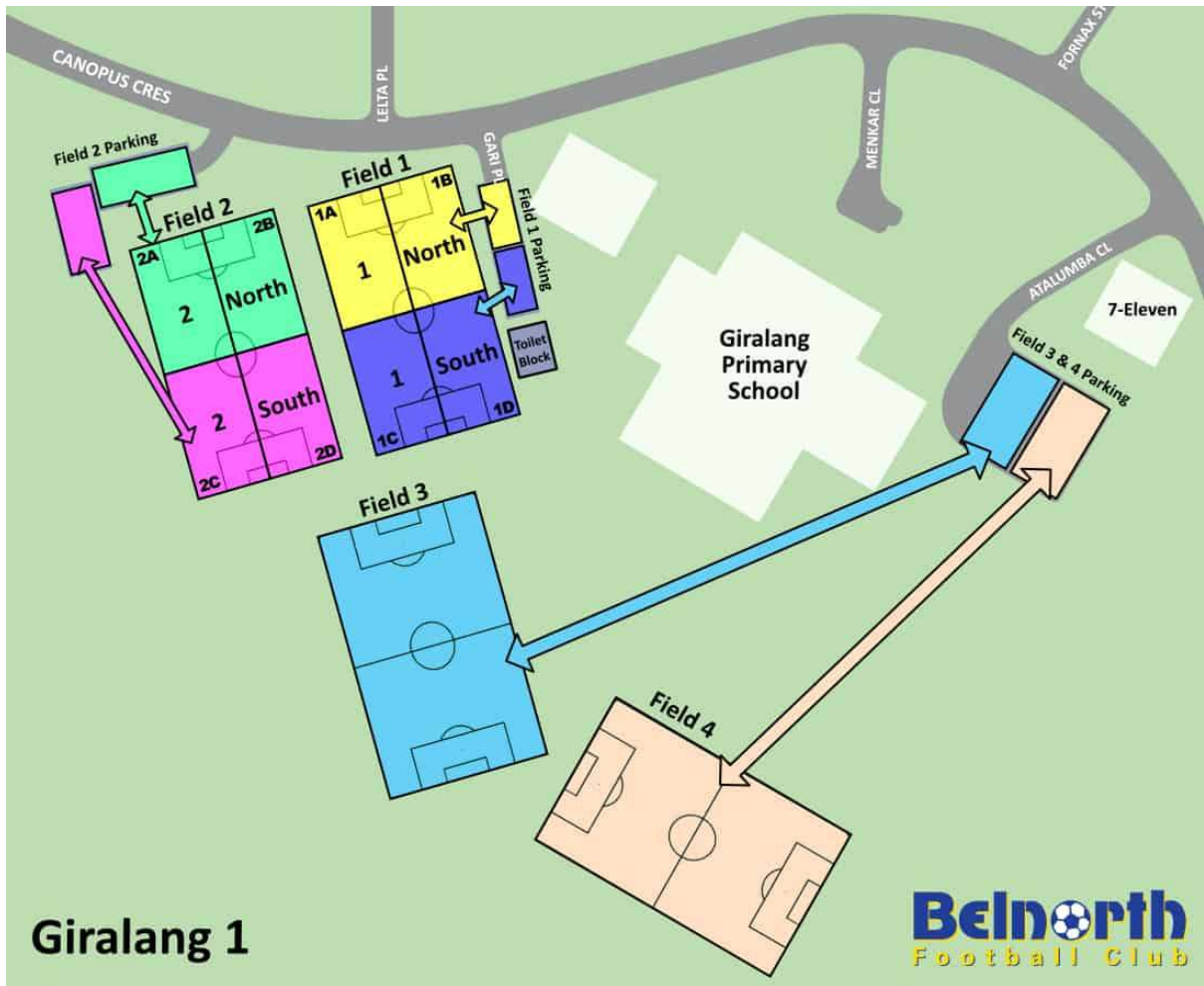


## Giralang 1 - Gari Place and Atalumba Close, Giralang.

Field 1: park at the Gari Place car park

Field 2: park at the car park off Canopus Crescent

Field 3 and 4: park at the Atalumba Close (7-Eleven) car park





# AIS Grass Fields - Masterman Street, Bruce.

