



RETURN TO PLAY IN A COVID-SAFE ENVIRONMENT PLAN

Stage 3.2 - Junior Preseason Program & Grading

26/1/2021

This Stage 3.2 Return to Play plan is provided by Belnorth Football Club.

This plan outlines our operational delivery of training and grading during February and March 2021

This plan will commence on 1/1/2021

The club contact responsible for this plan is:

Anthony 'Meggsie' Goddard president@belnorth.org

The Club acknowledges that this plan is in accordance with the Capital Football COVID-19 Stage 3.2 – Return to Play Summer Football Guidelines, and is aware of the hygiene and safety aspects of training and grading.

Introduction

Due to the impact of COVID-19, all football activities were suspended from 18 March 2020 until at least 31 May 2020. Since this suspension began, Belnorth FC has been planning and preparing for a return to football when it is safe, and the suspension is lifted.

Belnorth FC has a responsibility to protect not just the football community, but the broader community in the ACT and surrounding regions, and to assist in preventing any outbreaks of COVID-19 where possible. We as a football community, including players, coaches, match officials, staff, volunteers and parents/guardians, must play a role if we are to help slow the spread of COVID-19.

The resumption of football activities is subject to the provisions of each State/Territory government and/or Local Public Health Authorities. For sport in the ACT, it is the ACT Government. It is important to note that clubs are required to comply with the public health advice for the state/territory in which they reside.

CovidSafe App

Belnorth FC supports the Australian Government's COVIDSafe app and strongly encourages all participants of Summer Football to download the app. For more information including where to download the app please click [here](#).

Check In CBR App

Belnorth FC also supports the ACT Government's Check-In CBR app to assist with contact tracing. We strongly encourage all participants of Summer Football to download the app. For more information including where to download the app please click [here](#).

Kaleen's QR and manual codes for the Check In CBR app are below:



938074

Alternatively, attendance can be registered at belnorth.com/attend.

General Precautions

Attendance

Participants (including players, parents, spectators, coaches, referees, volunteers) are not to training or grading if in the past 14 days they have:

- Feel unwell
- Have any flu-like symptoms
- Travelled internationally
- Travelled to Victoria
- Travelled to any of the reported case locations listed on the NSW Health Website
- Been exposed to a person with COVID-19
- Been tested for COVID-19 and have not yet received the results (please see [COVID-19 Protocol](#))
- Have a medical condition or at an age that puts you in the high-risk category

Hygiene

- Ensure spaces, surfaces and objects at each venue are regularly cleaned
- Promote regular and thorough hand washing by the club and team officials and participants
- Encourage people to bring hand sanitiser
- No sharing of pens or clipboards, participants must bring their own to venues
- No sharing of drink bottles
- Ensure bins are provided around the venue

Behaviour

- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze
- If using tissues, place them directly in the bins provided
- No spitting at any time

What is permitted during Training and Grading

The following is permitted at the venue and during match play:

- Full competitive and non-competitive matches are permitted within the normal Laws of the Game
- Where possible, players should come ready to play
- Play only – get in, play, get out
- Social activities when games have concluded are discouraged. Club meetings must be limited to essential gatherings and within the government's guidelines
- Spectator areas to meet gathering restrictions (In ACT no more than 200 per venue this includes participants and spectators but excludes staff and officials)
- No more than 2 spectators per player.
- One person per two square meters of usable space for each outdoor space (do not exceed 200 people)
- Promote physical distancing of 1.5 metres between spectators
- Canteens and BBQs are permitted in line with relevant government requirements.

What is NOT permitted during Training and Grading

The following is NOT permitted at the venue and during training:

- Handshakes before and after the training
- Team huddles and high fives
- Multiplayer goal celebrations
- Spitting
- Sharing of equipment including drink bottles, towels, shin pads and bibs.
- Use of change rooms

Training and Grading Operations at Venue

Entry and Exits

- Clear pedestrian entry points to the venue and allocated fields
- Clear pedestrian exit points from the venue and allocated fields

Spectators

- Spectators to reside in the designated areas outlined.
- Spectators are to remain 3 to 5 metres from the playing area.
- No more than 2 spectators per player.

Training and Grading Operations at Venue

Canteen

There will be no canteen/food van available during the Preseason Program and Grading.

Amenities

- Toilets will be open and regularly checked for cleanliness.
- Referees room will be open (ensuring 4m² per person)
- Shipping containers will be staffed to ensure minimal entry by parents and players

Change rooms

Change rooms can be used for:

- Use by referees, only for the number of people permitted on the signage displayed outside the changeroom
- Use for medical services and support, only for the number of people permitted on the signage displayed outside the changeroom

Change rooms cannot be used for:

- Teams to prepare for a match
- Coaches to discuss tactics among themselves
- Coaches to address players pre-match, at half-time, or post-match

Venue Map

Kaleen 1- Birie Pl and Turon Pl, Kaleen

- Field 1, 2 and 3: park at the [Birie Place car park](#)
- Field 4, 5 and 6: park at the [Turon Place car park](#)

